

# **Express Fitness** Urban

## **Calf**



The Discovery-R Series Calf is designed to effectively target the gastrocnemius and calf muscle groups. Provides the freedom and focus of free weight training while delivering accurate load without stressing the spine. The wide footplate allows the user's training to vary with different foot positions.

### **Specifications:**

- Dimensions: 1670\*1220\*1210mm
- Weight: 145kg