

# EF URBAN

## Spirit Treadmills

Brand	Spirit	Spirit
Model	XT185	XT285
<b>Console Features</b>		
Display	7.5" LCD (Blue)	7.5" LCD (Blue)
Adjustable Fan	Yes	Yes
Programs	Manual; Hill; Fat Burn; Cardio; Strength; HIIT; Fusion; 5K; 10K; Target; (Time, Distance, Calories) 2 Custom	Manual; Hill; Fat Burn; Cardio; Strength; HIIT; Fusion; 5K; 10K; Target; (Time, Distance, Calories) 2 Custom
Audio Jack	No	No
USB Charging Port	No	Yes
Bluetooth	Yes	Yes
Speakers	No	Yes
Direct Speed Buttons	Yes	Yes
Direct Incline Buttons	Yes	Yes
Hand Pulse Sensors	Yes	Yes
<b>Frame</b>		
Colour	Sleek charcoal metallic	Sleek charcoal metallic
Running Surface	510mm X 1400mm	510mm X 1525mm
Deck Thickness	18mm	25mm
Motor	3HP	3.25HP
Speed Range	1 - 16kph	1 - 18kph
Incline Range	0 - 10 levels (0,5 Increments)	0 - 12 levels
Folding	Yes with Lift Assist & Slow Deploy	Yes with Lift Assist & Slow Deploy
Handrails	Textured with Steel Uprights	Textured with Steel Uprights
Belt	1 Ply, Pre-Lubricated Belt	1 Ply, Pre-Lubricated Belt
Deck Height	150mm	150mm
Transport Wheels	Yes	Yes
Extended Handrails (sold separately)	Yes	Yes
Cooling Fan	Yes	Yes
Phone Ledge	Yes	Yes
Dual Water Bottle Holders	Yes	Yes
Child Lock	Yes	Yes
<b>Dimensions</b>		
Set-up Dimensions	1930mm X 885mm X 1480mm	2055mm X 885mm X 1480mm
Folded Dimensions	1070mm X 885mm X 1680mm	1125mm X 880mm X 1790mm
Carton Size	2035mm X 910mm X 380mm	2160mm X 910mm X 380mm
NW / GW	102.2kg / 112kg	108.6kg / 118.7kg
Maximum User Weight	125kg	130kg
Power Requirements	240V	240V